



Name of Lesson/Programme:

Jar Activity (opening and closing)

Section: Section 3 self management

Lesson: 40

Purpose: To increase your child's matching and fine motor skills.

****MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY****

Materials Required:

1. Jars and containers (with tops and lids)

How to:

You will need the child to sit next to or directly across from you.

1. Have all the jars and lids on the table in front of your child.
2. Find the correct corresponding lid for each jar/lid.
3. Close all the jars