

Name of Lesson/Programme:

Sticker Activity



Section: Section 3 Self Management

Lesson: 35

Purpose: To Increase your child's fine motor and hand eye co ordination skills.

****MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY****

Materials Required:

1. Paper
2. Pencil
3. Stickers

How to:

You will need the child to sit next to or directly across from you.

1. To begin, draw out the first letter of your child's name on the paper.
2. Your child will then place stickers following the lines of the letter on the page. (As seen above)
3. To make this activity more challenging for your child simply tape the page to the wall. (This works at strengthening your child's wrist)