

Name of Lesson/Programme:

Posting Activity

Section: Section 3 Self management

Lesson: 25



Purpose: To increase your child's fine motor and matching skills

MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY

Materials Required:

1. Shoe box
2. Colours/Markers
3. Small circles of cardboard
4. Scissors **ADULTS ONLY!**

How to:

Before you start the activity, cut 2 or 3 small rectangles on the lid of the shoe box. (As seen in the above picture) and colour around the rectangles using different colours.

You will need the child to sit next to or directly across from you.

1. Get your child to colour in the small cardboard circles using the 2 or 3 colours that you chose for around the rectangles.
2. Colour in all the remaining disc's.
3. Allow your child to post the disc's into the corresponding rectangle, making sure the colour of the disc matches with the colour of the section where they post.